



ILT

1.5
DAYS

MEANINGFUL CONVERSATIONS

includes HBDI profiling & debrief

To create an environment that motivates people, leaders must have conversations with employees; lots of them. But what do those conversations need to look like?

This course is part of our leadership series designed to provide core skills and practical models that help maximize results and individual potential through better communication.

The course focuses on three models proven to build awareness of thinking and communication preferences (HBDI), run formal and informal coaching sessions (GROW) and provide constructive feedback (SBI). Participants learn to put theory into practice through exercises, discussion and role plays.

COURSE CONTENT

Define Meaningful Conversations
Your thinking preferences (HBDI)
Whole Brain Communication
Feedback Conversations (SBI)
Coaching Conversations (GROW)

COURSE OUTCOMES

- Recognize the impact of personal thinking preferences on internal communication
- Improve relationships and communication effectiveness by adjusting your approach
- Use a simple model to give others constructive feedback
- Know how to have others invite feedback (rather than give it)
- Have a simple model to run formal or impromptu 'coaching' meetings with staff or colleagues
- Turn problems into coaching opportunities
- Help others set mutually agreeable goals and establish their own plan of how to achieve those goals
- Maximize success by adjusting the way that each model is delivered, based on the communication preferences of the other

TARGET AUDIENCE

People Managers and Leaders

DURATION

1.5 Days

DELIVERY

Instructor Led Training (face to face)

